

Joe's Catering Menu

All Prices Are Per Person.
Ten Person Minimum on
All Catering Orders.

BREAKFAST

- CONTINENTAL BREAKFAST**
Choice of Muffins, Danish, Bagels,
Cream Cheese, Jam, Butter & Orange
Juice ... \$7.49pp
- ALL AMERICAN BREAKFAST**
Scrambled Eggs with Choice of Two
Meats: Bacon, Sausage, Ham. Served
with Home Fries & Bagels ... \$6.99pp
- OATMEAL** (serves 8-10)
with Brown Sugar, Cinnamon
& Milk ... \$20.00

- BREAKFAST SANDWICHES**
Served on 6" Subs or Wraps with
Home Fries. Choice of Bacon, Egg
and Cheese, Ham, Egg and Cheese,
Sausage, Egg and Cheese or Peppers,
Onions and Cheese ... \$6.49pp
- QUART YOGURT WITH SEASONAL
FRUIT** Serves 8-10 ... \$20.00
- BOWL OF FRESH
FRUIT SALAD**
Serves 10-12 ... \$29.99



HOT CATERING

- CILANTRO LIME GRILLED CHICKEN**
With Rice, Beans, Salsa, House or Caesar
Salad, Rolls & Butter ... \$10.99pp
- ITALIAN FEAST**
Sausage, Chicken, Peppers & Onions,
Eggplant Parmesan, Baked Ziti, Italian
Salad, Balsamic Dressing & Garlic
Ciabatta Bread ... \$11.99pp
- GOURMET BURGER BAR**
Choice of 8oz Burger, Chicken Breast
or Veggie Burger with Swiss, Fresh
Mozzarella & Cheddar Cheese, Bacon,
Avocado, Grilled Onions, Lettuce, Tomato,
Red Onion, Pickles, Mayo, Mustard,
Ketchup & Assorted Chips ... \$10.99pp
- TOSTADA SALAD BAR**
Served with Chicken & Steak, Romaine
Lettuce, Diced Tomato, Red Onion,
Shredded Cheese, Corn, Black Beans, Hot
Peppers, Sour Cream, Fresh Guacamole,
Cilantro, Ranch & BBQ Ranch Dressing &
Fresh Baked Tostada Shells (Fried Shells
Available Upon Request) ... \$9.99pp

- FAJITA BUFFET**
Steak & Chicken Breast with
Grilled Peppers & Onions, Salsa, Sour
Cream, Guacamole, Shredded Lettuce
and Shredded Cheese. Served with Rice,
Beans, Tricolor Tortilla Chips & Fresh Corn
Tortillas ... \$11.99pp
- ADD SHRIMP \$3.49pp**
- TERIYAKI CHICKEN**
With Grilled Mushrooms & Onions,
Grilled Green Beans, Rice, Salad, Rolls
& Butter ... \$10.49pp
- TERIYAKI STEAK**
With Grilled Mushrooms & Onions,
Grilled Green Beans, Rice, Salad, Rolls
& Butter ... \$11.99pp
- BAKED ZITI WITH MEAT SAUCE**
With Caesar Salad, Rolls & Butter ... \$9.99pp
- VEGETARIAN BAKED ZITI**
With Caesar Salad, Rolls & Butter ... \$8.99pp
- MOJO STYLE PULLED PORK**
With Rice, Black Beans, Plantains, Salsa,
House Salad, Rolls and Butter ... \$10.99pp

BOX LUNCHES

- DELUXE BOXED LUNCH** Fresh Bakery Roll Stacked with Your Choice
of Roast Beef, Turkey, Ham, Tuna, or Chicken Salad with Chips, Cookie and Soda ... \$8.99
- BURRITO BOX** Choice of Chicken, Steak, Pulled Pork or Veggie Burrito. Served with
Fresh Tortilla Chips, Salsa, Sour Cream, Guacamole, Fresh Baked Cookie & Drink ... \$10.99

ASK ABOUT OUR
CATERING LOYALTY
PROGRAM

SANDWICH PLATTERS

- TRAY OF GREAT SANDWICHES**
Assortment of Turkey, Ham, Roast Beef,
Tuna & Chicken Salad on Assorted Breads.
Served with Chips & Cookies ... \$8.29pp
Served with Potato Salad, Cole Slaw,
Pickles & Olives ... \$9.29pp
- TRAY OF GOURMET SANDWICHES**
Served with Chips & Cookies ... \$9.99pp
Served with Potato Salad, Cole Slaw,
Pickles & Olives ... \$10.99pp
- ULTIMATE WRAP PLATTER**
An Assortment of our Tasty Wraps
Served with Pickles, Olives and
Caesar Salad ... \$10.49pp

- HOT ITALIAN CIABATTA PLATTER**
Chicken Caprese Panini, Italiano Ciabatta,
Aubergine Ciabatta, Chicken Parm Sub,
Meatball Parm Sub. Served with Italian
Salad & Balsamic Dressing ... \$10.49pp
- TRAY OF HOT SANDWICHES**
Teriyaki Chicken, Teriyaki Steak, Chicken
Philly Cheese, Grilled Chicken Breast,
Pesto Chicken & Steak and Cheese.
Served with Pasta Salad, Pickles & Olives
... \$10.49pp
- PANINIS ON CIABATTA PLATTER**
Chicken Mushroom Onion Panini, Fire-
house Chicken Panini, Tuna Hot Hot Hot,
California Chicken Club Panini. Served
With Chips & Cookies ... \$10.49pp

- RED VELVET CAKE WITH CREAM CHEESE ICING**
(Serves 12-16) ... \$20.00
- HEATHER'S FAMOUS CHOCOLATE CHIP BUNDT
CAKE** (Serves 12-16) ... \$15.00
- RAE'S SOUR CREAM COFFEE CAKE**
(Serves 12-16) ... \$15.00
- CHOCOLATE OR RED VELVET CUPCAKES**
(price per dozen) ... \$24.00
- TRAY OF FRESH BAKED COOKIES
AND BROWNIES** ... \$24.99

- HOUSE OR CAESAR SALAD**
Small \$14.99...Large \$24.99
- DRINKS:**
2 LITERS W/ CUPS & ICE ... \$4.00 each
COFFEE/TEA (per carafe) ... \$25.00
JUICE (price per half gallon) ... \$8.00
FRESH LEMONADE WITH MINT ... \$12.00/Gallon
SWEET OR UNSWEET ICED TEA ... \$9.00/Gallon

Sides

- WHOLE DILL PICKLE** (1/4erd)99
- 8oz. SIDE OF HUMMUS
& PITA** ... 4.09
- TRI-COLOR TORTILLA CHIPS
AND FRESH SALSA** ... 3.59
- SIDE OF TORTILLA CHIPS** ... 2.09
- SIDE OF GUACAMOLE (8oz.)** ... 3.99
- STEAK FRIES** ... 2.99
- SWEET POTATO FRIES** ... 3.99
- ONION RINGS** ... 3.99
- POTATO CHIPS - REGULAR LAYS,
BBQ OR DORITOS**79
- BAKED LAYS** ... 1.29
- SIDE OF RICE, SIDE OF BEANS OR
SIDE OF RICE & BEANS** ... 1.59
- SIDE OF STEAMED
BROCCOLI** ... 1.59
- SIDE OF FRESH
MOZZARELLA** ... 3.09
- SOUP OF THE DAY** ... 4.49
- SIDE OF BREAD** ... 1.59

Drinks

- COKE, DIET COKE, COKE ZERO,
SPRITE, DIET SPRITE, ROOT BEER,
ORANGE SODA, LEMONADE, FUZE
LEMON, GINGERALE** ... 1.49
- 20oz ICED COFFEE** ... 2.59
- BOTTLED WATER (24oz.)** ... 1.59
- FRESH BREWED SUN TEA** ... 1.99
- NEW! HOMEMADE SWEET TEA** ... 1.99
- 32oz. FRESH LEMONADE
WITH MINT** ... 2.99
- ARNOLD PALMER-SUN TEA
AND FRESH LEMONADE (24oz.)** ... 2.29

Desserts

- FRESH BAKED COOKIE** ... 1.29
- TRAY OF FRESH BAKED COOKIES** ... 24.99
- FRESH BAKED BROWNIE** ... 1.99
- TRAY OF FRESH BAKED
BROWNIES** ... 24.99
- TRAY OF FRESH BAKED
COOKIES AND BROWNIES** ... 24.99
- WHOLE CHOCOLATE OR
APPLE BUNDT CAKE** ... 15.00
- WHOLE RED VELVET CAKE WITH
CREAM CHEESE ICING** ... 20.00

Frozen Drinks & Real Fruit Smoothies

- 32 OZ FROZEN MINT LEMONADE** 2.99
- 20 OZ FROZEN COFFEE** 3.99
MOCHA, CARAMEL, HAZELNUT, FRENCH VANILLA & VANILLA NUT
- 32 OZ FRO JOE** 3.59
(FROZEN MINT LEMONADE & FRESH SQUEEZED OJ)
- CREATE YOUR OWN REAL FRUIT SMOOTHIE** 3.99
STRAWBERRY, BANANA, BLUEBERRY & ORANGE
- ADD PROTEIN FOR**.....1.09



JOE'S BEST BUY

**1/2 SANDWICH ON CHOICE OF BREAD
WITH SOUP AND CAN OF SODA**

Add .89 for half of any Gourmet Sandwich.

-OR-

**HALF SANDWICH & HOUSE OR
CAESAR SALAD WITH CAN OF SODA**

Add 0.89 for half of any gourmet.
Upgrade to Greek Salad for \$2.09

\$8.49

Breakfast

Served 8am-10:30am
Egg Whites are available for all menu
items upon request for \$0.59 extra.
Turkey Bacon available!

Joe's Breakfast Platters

- THE BASIC:** 2 eggs, home fries, toast or bagel \$4.59
- THE MEAL:** 2 eggs, bacon, sausage or ham, home fries, toast or bagel \$5.99
- THE CUBIC:** 2 eggs, 2 pancakes & 2 bacon, sausage or ham,
home fries w/ toast or bagel \$7.99

Joe's Specialty Breakfast Wraps

Add a side of homefries for only \$1.09

- BREAKFAST CAPRESE WRAP**
Eggs, Fresh Mozzarella, Tomato, & Pesto Mayo ... 5.99
- BREAKFAST BURRITO**
Eggs, Bacon, Rice, Beans, Cheese, Salsa,
Sour Cream & Guacamole ... 5.99
- JOE'S BREAKFAST BLT**
Eggs, Bacon, Swiss, Tomato, Lettuce & Red Pepper Mayo ... 5.99
- BAJA BREAKFAST WRAP**
Eggs, Bacon, Avocado, Cilantro, Raw Onions, Mixed Cheese & Side Salsa ... 5.99
- PHILLY BREAKFAST WRAP**
Eggs, Steak, Provolone Cheese, Peppers & Onions with Horsey Sauce ... 5.99
- MEDITERRANEAN BREAKFAST WRAP**
Eggs, Hummus, Feta, Onion, Chopped Tomato & Sundried Tomato Pesto ... 5.99



Joe's Omelets

Served with Home Fries & Toast or Bagel

- EGG & CHEESE** ... 5.29
- BACON & CHEESE** ... 5.99
- HAM & CHEESE** ... 5.99
- SAUSAGE & CHEESE** ... 5.99
- VEGGIE DELIGHT**
Spinach, Mushroom, Onion, Red Peppers
& Cheese ... 6.99
- MEAT LOVERS**
Bacon, Ham, Sausage & Cheese ... 6.99
- GREEK**
Spinach, Onion & Feta Cheese topped
w/ Diced Tomatoes ... 6.99
- WESTERN**
Ham, Peppers, Onions, & Cheese ... 6.99
- CALIFORNIA CLUB**
Turkey, Mixed Cheese, Bacon & Avocado
topped with Diced Tomatoes ... 7.99
- EL DIABLO**
Chicken Breast, Mixed Cheese, Bacon &
Buffalo Sauce ... 7.99

Sandwiches & Wraps

- 2 EGGS** ... 3.29
- EGG & CHEESE** ... 3.79
- BACON, EGG, CHEESE** ... 4.59
- SAUSAGE, EGG, CHEESE** ... 4.59
- HAM, EGG, CHEESE** ... 4.59
- TURKEY, EGG, CHEESE** ... 4.59
- PEPPERS, ONIONS, EGG & CHEESE** ... 4.29

The Griddle

- CHALLAH FRENCH TOAST** ... 5.59
- OLD FASHION PANCAKES** ... 5.59

Drinks

- ORANGE JUICE**
12oz 1.79 14 oz 2.29 20oz 3.09
- 14 OZ COFFEE** ... 1.79
- 20 OZ COFFEE** ... 2.59
- Add Flavor Shot** ... 0.79
(French Vanilla, Hazelnut, Vanilla Nut,
Caramel or Mocha)
- TEA** ... \$1.79

Sides

- HOME FRIES** ... 2.29
- SINGLE PANCAKE** ... 1.59
- OATMEAL W/ BROWN
SUGAR & RAISINS** ... 2.59
Add Tropical Mix ... 0.59
Add Almonds ... 0.59
- 2 EGGS** ... 1.59
- BACON (3 STRIPS), SAUSAGE
OR HAM** ... 2.09
- TOAST** ... 1.59
- BAGEL** ... 2.29
Add Cream Cheese ... 1.29



Joe Knows Lunch Menu

Specializing in office catering for over 20 years.



954-977-5454

Free Delivery when you order online
(\$8.99 minimum).
\$2.00 service fee applied to all deliveries
under \$15.00 placed by phone.

ORDER ONLINE & GET FREE STUFF!

Serving Breakfast & Lunch
Monday-Friday, 8am-2:30pm

www.JoeKnowsLunch.com

6500 NW 12th Ave. Ft. Lauderdale, FL 33309 • FAX 954-977-6364

ACCOMPANIMENTS

Joe's Gourmet Sandwiches

All items below served on your choice of: White, Whole Wheat, Rye, 8" Sub Roll or Pita

RULE BRITANIA
Roast Beef, Cheddar, Creamed Horse Radish, Lettuce, Tomato ... 8.59

JOE'S CLUB SUB
Turkey Breast, Bacon, Swiss, Lettuce, Tomato, 1000 Island Dressing ... 8.59

THE CALIFORNIAN
Turkey Breast, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

TUNA SUB
Tuna Salad, Provolone, Lettuce, Tomato, Onion, Hot Peppers, Italian Dressing ... 8.59

ITALIAN SUB
Salami, Cappicola, Ham, Provolone, Lettuce, Tomato, Onion, Hot Peppers, Italian Dressing ... 8.59

THE BIG CLUCKER
Chicken Salad, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

CHARLIE'S FAVORITE
Tuna Salad, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

EGGS-ECUTIVE
Egg Salad, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

ADAM'S DAILY GRIND
Roast Beef, Bacon, Provolone, Hot Peppers, Lettuce, Tomato, Mayo ... 8.59

PIG N' CHICKEN
Chicken Salad, Bacon, Provolone, Lettuce, Tomato, Mayo ... 8.59

THE RYAN SAM
Roast Beef, Turkey Breast, Swiss, Lettuce, Tomato, Mayo ... 8.59

PESTO CHICKEN
Chicken Breast, Provolone, Spinach, Roasted Red Peppers, Pesto Mayo ... 8.59

MALIBU TURKEY CLUB NEW!
Turkey Breast, Turkey Bacon, Avocado, Swiss, Lettuce, Tomato & Red Onion with Red Pepper Mayo ... 8.99

JAWBREAKER
Turkey, Ham, Swiss, Lettuce, Tomato, Mayo... 8.59

Sandwiches

Joe's Delicious Sandwiches Include: Lettuce, Tomato & Mayo. Italian Dressing, Mustard & Onions on Request.

Choice of Bread: Subs-Wheat or White; Breads-Wheat, White, Rye or Pita.

	6"	9"	12"
Roast Beef	6.99	8.79	10.79
Turkey Breast	6.39	8.29	9.79
Ham	5.99	7.99	9.59
Tuna Salad	6.79	8.59	10.59
Chicken Salad	6.79	8.59	10.59
Egg Salad	5.29	6.99	8.59
Genoa Salami	5.99	7.99	9.59
BLT	6.59	8.59	9.79
Cheese	5.99	7.99	8.99
Add Cheese	0.99	0.99	1.49

Joe Knows Wraps, Burritos & Quesadillas

THE RANCHER WRAP
Chicken, Bacon, Cheese, Corn, Black Beans, Lettuce, Ranch Dressing ... 7.99

BBQ CHICKEN WRAP
Bacon, Cheese, Lettuce, Tomato, Rice, BBQ Ranch Dressing ... 7.99

CHICKEN GREEK WRAP
Feta, Peppers, Onions, Olives, Tomato, Lettuce, Tzatziki Dressing ... 7.99

THE MOST AMAZING WRAP
Cilantro Chicken, Lettuce, Carrots, Cucumber, Rice & Cilantro Lime Sour Cream ... 7.99

THAI CHICKEN WRAP
With Peanuts, Cilantro, Carrots, Rice & Peanut Sauce ... 7.99

TERIYAKI CHICKEN WRAP
With Mushrooms, Onions, Rice & Teriyaki Sauce ... 7.99

WRAP-IN-THE-PICTURE WRAP
With Chicken Salad, Carrots, Cheese, Bacon, Almonds, Lettuce, Ranch Dressing ... 7.99

SAUTEED VEGGIE WRAP
Onions, Broccoli, Carrots, Mushrooms, Red Peppers, Rice & Black Bean Sauce ... 7.99
Add Steak, Salmon, or Chicken ... 2.99

PULLED PORK CUBAN WRAP
Mojo-Style Pulled Pork, Ham, Swiss, Pickles, Yellow Mustard ... 7.99

HEATHER'S SECRET SAUCE WRAP NEW!
Grilled Chicken, Mixed Cheese, Grilled Onions, Spinach & Heather's Red Pepper Almond Sauce ... 7.99

QUESADILLA: CHOOSE CHICKEN, STEAK, OR PULLED PORK
Served with Rice & Beans, Salsa, Sour Cream & Guacamole ... 7.99

VEG-MEX QUESADILLA
Veggie Burger, Corn, Red Peppers, Cheese, Red Onion & Cilantro. Served with Rice & Beans, Salsa, Sour Cream & Guacamole ... 7.99

BURRITO: CHOOSE CHICKEN, STEAK OR PULLED PORK
Rice, Beans, Mixed Cheese with side of Salsa, Sour Cream & Guacamole ... 7.99

VEGGIE STUFFED BURRITO
Rice, Beans, Cheese, Grilled Onions, Mushrooms, Broccoli, Red peppers, Carrots, Corn, Salsa, Sour Cream & Guacamole ... 7.99

PRESSED CUBAN
With Mojo Pulled Pork, Ham, Swiss, Yellow Mustard & Pickles ... 7.99

Joe's Rice & Noodle Bowls

Create your own Rice or Noodle Bowl:
Choose your Meat: Chicken, Salmon, Shaved Steak or Veggie Burger
Choose your Grain: White Rice, Noodles, Brown Rice (add \$1.00) or Quinoa (add \$2.00)

CILANTRO BOWL
With Rice, Black Beans & Fresh Made Salsa ... 8.29

TERIYAKI BOWL
With Mushrooms & Grilled Onions ... 8.29

STIR FRY BOWL
With Cabbage, Carrots, Onions and Peppers ... 8.29

FAJITA BOWL
With Onions, Peppers & Fajita Spice ... 8.29

THAI BOWL
With Peanuts, Cilantro, Carrots & Spicy Peanut Dressing ... 8.29

GREEK BOWL
With Sliced Eggplant, Feta Cheese, Olives, Tomato, Parsley & Red Pepper Almond Sauce ... 8.99



Joe's Hot Subs

Served on an 8" White or Wheat Sub

CHICKEN PHILLY CHEESE
With Grilled Onions & Peppers Topped with Provolone ... 8.59

TERIYAKI CHICKEN BREAST
With Grilled Mushrooms & Onions ... 8.59

TERIYAKI STEAK
With Grilled Mushrooms & Onions ... 8.59

STEAK & CHEESE
With Grilled Onions & Horseradish Sauce ... 8.59

ARY'S BRONX BOMBER
Steak, Bacon, Provolone, Grilled Onions, Grilled Hot Peppers & Chipotle Mayo ... 8.99



UPGRADE TO SIDE SALAD, ONION RINGS OR SWEET FRIES \$1.99

Joe's Burgers

CHOOSE a 6oz Fresh Ground Patty, Veggie Burger, Grilled Chicken Breast or Fried Chicken Breast

Served With: Mayo, Lettuce, Tomato & Fries.
Upon Request: Sliced Red Onion, Pickles, Sweet & Hot Peppers, Grilled Onions, Ketchup & Mustard

Turkey Bacon available!

JUST THE BEEF
Our Classic Burger ... 7.59

JUST THE BEEF WITH CHEESE
Our Classic Burger Topped with Cheddar Cheese ... 8.29

BACON CHEESE BURGER
Our Classic Burger topped with Cheddar Cheese & Bacon ... 8.79

MUSHROOM ONION CHEESE BURGER
Our Classic Burger Topped with Swiss, Mushrooms & Grilled Onions ... 8.79

THE OMG! BURGER
with Bacon, Cheese & Avocado ... 9.59

BBQ BURGER
with BBQ Sauce, Bacon, Cheese & Grilled Onions ... 9.29

PATTY MELT ON RYE
with Swiss Cheese, Grilled Onions & 1000 Island Dressing ... 8.79

CUBAN BURGER ON PRESSED KAISER
with Ham, Swiss Cheese, Pickles & Yellow Mustard ... 8.79

BEHEMOTH BURGER
Bacon Burger with Pickles, Grilled Onions & Chipotle 1000, Stuffed Between Two Grilled Cheese Sandwiches ... 9.59

*Consumer Advisory: Consuming raw or under cooked meats, poultry, shellfish or eggs may increase your risk of food borne illnesses.

Grilled and Melts

Choice of dipping sauce: Chipotle Mayo, Horsey, Mustardnaise and Roasted Red Pepper Mayo. Choice of White, Wheat or Rye. Add \$0.79 for Ciabatta.

TUNA MELT ... 6.99

CHICKEN SALAD MELT ... 6.99

GRILLED CHEESE ... 5.79

GRILLED CHEESE & BACON ... 6.99

GRILLED HAM & CHEESE ... 6.59

GRILLED TURKEY & CHEESE ... 6.99

GRILLED TURKEY, BACON & CHEESE ... 7.79

EXTRA DRESSING .59 each
Thousand Island, Ranch, Italian, Fat Free Italian, Fat Free Honey Mustard, Blue Cheese, Lite Peppercorn Ranch, Fat Free Raspberry, Poppy Seed and Balsamic Vinaigrette



ADD A SIDE OF GARLIC CIABATTA \$2.49

Salads

CALIFORNIA CLUB SALAD
Chicken Breast, Bacon, Avocado, Egg, Tomato, Sprouts, Cheese, Lettuce, Veggies, Sunflower Seeds, Croutons ... 10.99

THE SUPER GREEN SUPER FOOD
Kale, Spinach & Romaine, Tomatoes, Broccoli, Cabbage, Carrots, Cucumber, Almonds & Edemame ... 8.99
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

CHIPOTLE QUINOA SALAD SUPER FOOD
Quinoa, Black Beans, Corn, Tomato, Avocado, Lettuce, Red Onion, Cilantro, Lime Wedge & Creamy Chipotle Dressing ... 8.99
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

HARVEST SALAD
Romaine, Spinach, Tomato, Sprouts, Cucumber, Carrots, Almonds, Avocado & Sliced Egg ... 7.99
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

BBQ RANCH CHICKEN SALAD
With Corn, Black Beans, Cilantro, Cheese, Avocado, Tomato & BBQ Ranch Dressing ... 9.59

GREEK SALAD
Full Size \$7.79 | Petite Size \$6.79
Lettuce, Tomato, Feta, Olives, Red Onions, Pepperoncini, Oregano & Italian Dressing
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

CHINESE CHICKEN SALAD
Lettuce, Chicken Breast, Rice Stix, Mandarin Oranges, Shredded Carrots, Sesame Dressing ... 8.99

SPINACH SALAD
With Bacon, Tomato, Shredded Carrots, Sliced Egg & Mushrooms ... 7.79
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger 2.99

CAPRESE SALAD
Fresh Mozzarella & Tomato with Balsamic Vinaigrette ... 7.79
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger 2.99

GRILLED CHICKEN TOSTADA SALAD
With Refried Beans, Lettuce, Cheese, Tomato, Onions, Sour Cream, Guacamole, Cilantro & Ranch Dressing ... 8.99

TROPICAL SALAD
Romaine Lettuce, Cheese, Mixed Tropical Dried Fruit, Cucumber, Carrots & Mandarin Oranges ... 7.99
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

JULIENNE SALAD
Turkey Breast, Cheese, Egg, Tomato, Lettuce, Veggies, Sunflower Seeds, Croutons ... 8.99

ANTIPASTO SALAD
Julienne of Genoa Salami, Cappicola, Ham, Provolone, Served with Lettuce, Tomato, Sweet Red Onion, Pepperoncini, Black Olives and Italian Dressing ... 9.59

HOUSE SALAD
Full Size \$6.79 | Petite Size \$5.59 | Mini Size \$2.09
Lettuce, Tomato, Assorted Garden Vegetables, Croutons & Sunflower Seeds
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

CAESAR
Full Size \$6.79 | Petite Size \$5.59 | Mini Size \$2.09
Romaine Lettuce, Parmesan Cheese, Croutons & Caesar Dressing
Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

Garlic Toasted Ciabattas

Imagine a Garlic Toasted Ciabatta filled with one of the following combinations

ITALIANO
Grilled Ham, Cappicola, Salami, Pepperoni, Fresh Mozzarella, Tomato, Red Onions & Garlic Spread ... 8.59

TUNA HOT HOT HOT!
Tuna, Provolone, Hot Peppers, Red Onion, Tomato & Garlic Spread ... 8.59

THE AUBERGINE CLASSIC
Eggplant, Fresh Mozzarella, Grilled Onions, Fried Peppers, Balsamic Glaze & Garlic Spread ... 8.59

MEDITERRANEAN MOUTHFUL
Hummus, Lettuce, Tomato, Cucumber, Red Onion, Red Peppers, Sprouts with Veggie Burger or Chicken ... 8.59

CHICKEN PARMESAN PANINI
Breaded Chicken, Marinara Sauce, Provolone Cheese & Garlic Spread ... 8.59



Paninis On Ciabatta

FIREHOUSE CHICKEN
w/Provolone, Bacon & Firehouse Caesar Dressing ... 8.59

GRILLED CHICKEN MUSHROOMS & ONIONS
w/Bacon, Provolone & Mayo ... 8.59

CALIFORNIA CHICKEN CLUB
w/Bacon, Avocado, Swiss & Mayo ... 8.59

CHICKEN CAPRESE
w/Fresh Mozzarella, Tomato & Pesto Mayo ... 8.59

GRILLED ROAST BEEF, BACON & PROVOLONE
w/ Chipotle Mayo ... 8.99

CHIPOTLE CHICKEN PANINI NEW!
w/ bacon, provolone, grilled onions, hot peppers & Chipotle Mayo ... 8.59