



## INFANT & PRESCHOOL SWIM

### Minnow & Me Classes (ages 0 to 3) 30 min.

*Parent participation required:* Minnow & Me classes begin with water acclamation and moves the child towards developing independent movement through the water. Other class objectives include back floating, rolling from front to back and proper kicking.

### Dolphin Level 1,2,3 (ages 3—5) 30 min.

**Level 1:** Class goals: Become comfortable in the water w/o floatation, putting face in the water, including eyes, blow bubbles mouth & nose, back float supported & jumping into the pool with assistance. Swim out to the teacher and learning to roll over for breaths & rest.

**Level 2:** Class goals: Swim width of pool with proper side breathing. Roll to back for rest when tired. Swim width of pool on back. Ready to start swimming lengths.

**Level 3:** Class goals: Swim independently the length of the pool on front with proper side breathing and able to swim on their back. Work on elementary backstroke, breaststroke, sidestroke, & butterfly.

**Our Philosophy:** *Swimming is one of life's necessary skills and Splash Swim School offers the best quality swim instruction for all children. With our state of the art warm water saline swimming pool, and instructional techniques your child will have the perfect learning environment. Your child will learn at a faster rate and gain the necessary skills to be safer around the water. We have a 4 to 1 ratio for the lower level classes and a 5 to 1 ratio for the higher level swimmers. Not only do we want your child to gain the love of the water, but also teach them the skills that boost their self-esteem and general athleticism outside of the pool.*

### REGISTRATION FEES

Individual Membership \$30.00 /year

Family Membership \$60.00/year

Registration fee valid for all programs and members receive discounts on Special Events, Parent's Night Out, and Camps.

## SCHOOL AGE SWIM

### Shark Level 1,2,3 (ages 5 & up) 30 min.

**Level 1:** Class goals: Become comfortable in the water w/o floatation, putting face and eyes in the water, blow bubbles, back float supported & jumping into the pool with assistance. Swim out to the teacher and learn to roll over for breaths & rest. Swim width of pool on tummy & back.

**Level 2:** Class goals: Swim length of pool with proper side breathing. Roll to back for rest when tired. Swim length of the pool on back. Introduction to all strokes.

**Level 3:** Class goals: Swim independently the length of the pool on front with proper side breathing and able to swim on their back. Work on elementary backstroke, breaststroke, sidestroke, & butterfly.

### Swim Team Prep (ages 5 & up) 1 hour

This class is designed to increase endurance and finesse the strokes of the children who just enjoy swimming or have intentions of proceeding to swim team.

**Class Schedule online!**  
**[www.abkfun.com](http://www.abkfun.com)**

1x/week	2x/week	3x/week
\$45.00	\$80.00	\$115.00
Swim Team Prep \$69 (1 hour)		

### FREE TRIAL CLASS

Try it Out! No Obligation. Call today! 245-0432