

Name	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Allergen & Gluten Statements	Allergen & Gluten Notes
TEDDY'S - American Cheese Burger Topping	60	40	4.5	2.5	0	15	220	1	0	1	3	Allergen Statement: Contains Milk, Soy	
TEDDY'S - "Grilled" Onion Burger Topping	60	30	3.5	0.5	0	0	5	6	2	4	1	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - #9 Fish & Chips Combo	1260	640	71	13	0	95	1920	120	9	7	37	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Aiea Style Burger Topping	180	110	12	6	0	40	390	3	1	2	12	Allergen Statement: Contains Milk	
TEDDY'S - Avocado Burger Topping	110	90	10	1.5	0	0	0	6	5	0	1	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - Bacado Style Burger Topping	290	220	24	8	0	40	470	7	5	0	13	Allergen Statement: Contains Milk	
TEDDY'S - Bacon Burger Topping	80	50	6	2	0	15	300	0	0	0	5	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - Bacon Me Crazy Style Burger Topping	320	210	23	10	0	65	1050	9	2	6	16	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Bacon/Blue Cheese Style Burger Topping	230	160	18	10	0	45	900	1	0	0	14	Allergen Statement: Contains Milk	
TEDDY'S - Bandito Style Burger Topping	45	20	2.5	0.5	0	0	1160	5	1	0	0	Allergen Statement: Contains Milk, Soy	Potential Allergen: Flavoring in cheese sauce may contain gluten
TEDDY'S - Big Spud Burger	920	440	49	14	1.5	105	1400	83	6	12	34	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Big Teri Burger	680	260	29	9	1	95	2150	71	3	28	32	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Bigger Spud Burger	1030	500	56	17	2	140	1510	84	6	12	44	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Bigger Teri Burger	790	330	36	12	1.5	130	2180	71	3	28	42	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Biggest Spud Burger	1140	570	63	19	2.5	175	1620	84	6	12	54	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Biggest Teri Burger	890	390	43	14	2	165	2210	71	3	28	52	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	

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TEDDY'S - Bleu Cheese Burger Topping	150	110	12	8	--	30	590	1	0	0	9	Allergen Statement: Contains Milk	
TEDDY'S - Buffalo or Red Hot Bleu Style Burger Topping	230	160	18	10	0	45	1460	1	0	0	14	Allergen Statement: Contains Milk	
TEDDY'S - Caesar Salad	510	330	36	13	0	60	1660	21	3	5	28	Allergen Statement: Contains Egg, Fish (Anchovies), Milk, Soy, Wheat, Gluten	
TEDDY'S - Cajun Effect Style Burger Topping	190	150	17	5	0	20	150	7	5	0	6	Allergen Statement: Contains Milk	
TEDDY'S - Cajun Style Burger Topping	80	60	7	3.5	0	20	140	1	0	0	5	Allergen Statement: Contains Milk	
TEDDY'S - Cheddar Cheese Burger Topping	100	70	8	4.5	0	25	160	1	0	0	6	Allergen Statement: Contains Milk	
TEDDY'S - Chocolate Malt	1130	480	54	33	0	165	510	151	5	131	22	Allergen Statement: Contains Milk, Wheat, Gluten	Shared Equipment: Malted milk may contain soy
TEDDY'S - Chocolate Milkshake	1010	460	51	32	0	160	380	131	5	118	19	Allergen Statement: Contains Milk	
TEDDY'S - Corn Dog Combo	590	270	30	7	0	60	1270	64	6	3	15	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Crispy Chicken Breast Sandwich	780	360	40	7	0	70	1710	73	3	11	32	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - CYOS: Bacon Bits	300	200	23	8	0	55	1210	0	0	0	19	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Balsamic Vinaigrette	120	100	11	1.5	0	0	430	5	0	4	0	Allergen Statement: Contains Soy	Potential Allergen: Flavoring in balsamic vinaigrette may contain gluten
TEDDY'S - CYOS: Blue Cheese	150	110	12	8	--	30	590	1	0	0	9	Allergen Statement: Contains Milk	
TEDDY'S - CYOS: Caesar Dressing	180	160	18	3.5	0	20	460	3	0	2	2	Allergen Statement: Contains Egg, Fish (Anchovies), Milk, Soy	
TEDDY'S - CYOS: Craisins	180	0	0	0	0	0	0	47	0	37	0	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Crispy Chicken	390	200	22	3.5	0	50	950	25	1	1	23	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	

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TEDDY'S - CYOS: Croutons	60	25	2.5	0	0	0	170	9	0	1	1	Allergen Statement: Contains Milk, Soy, Wheat, Gluten	
TEDDY'S - CYOS: Cucumber	10	0	0	0	0	0	0	3	0	1	0	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Fat Free Italian Dressing	25	0	0	0	0	0	540	5	0	3	0	Allergen Statement: Contains Milk	
TEDDY'S - CYOS: Fish	290	130	14	2.5	0	50	610	24	1	1	17	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - CYOS: Grilled Chicken	110	20	2.5	0.5	0	55	210	1	0	0	20	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Ground Chuck (5 oz)	270	160	17	7	1	90	230	1	0	0	25	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Ground Chuck (7 oz)	370	220	24	9	1.5	125	260	1	0	0	35	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Ground Chuck (9 oz)	480	280	31	12	2	160	290	1	0	0	45	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Mushrooms	10	0	0	0	0	0	0	2	1	1	2	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Ranch Dressing	200	180	20	3	--	25	470	3	0	1	1	Allergen Statement: Contains Egg, Milk, Soy	
TEDDY'S - CYOS: Salad Mix	35	5	0	0	0	0	60	6	3	2	3	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Shredded Cheese	220	160	17	13	0	55	370	2	0	0	13	Allergen Statement: Contains Milk	
TEDDY'S - CYOS: Shredded Parmesan	240	140	16	10	--	40	960	2	0	1	21	Allergen Statement: Contains Milk	
TEDDY'S - CYOS: Tomato	15	0	0	0	0	0	0	3	1	2	1	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - CYOS: Turkey Burger	230	100	11	3	0	105	660	2	0	1	30	Allergen Statement: Does not contain any of the 8 major allergens or gluten	

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TEDDY'S - CYOS: Veggie Patty	150	45	5	1	0	0	640	10	4	2	18	Allergen Statement: Contains Egg, Milk, Soy, Wheat, Gluten	
TEDDY'S - CYOS: Walnuts	370	330	37	3.5	0	0	0	8	4	1	9	Allergen Statement: Contains Treenuts (Walnuts)	Shared Equipment: May contain milk, brazil nuts, cashews, coconut, hazelnut, macadamia nut, pecan, pinenuts, pistachios, peanuts, wheat, soy
TEDDY'S - Dreamsicle Malt	1730	470	52	34	0	150	380	311	0	205	13	Allergen Statement: Contains Milk, Wheat, Gluten	Shared Equipment: Malted milk may contain soy
TEDDY'S - Dreamsicle Milkshake	1610	440	49	33	0	145	250	291	0	191	10	Allergen Statement: Contains Milk	
TEDDY'S - Expo Set Up (sub recipe)	20	0	0	0	0	0	210	5	1	3	1		Potential Allergen: Flavoring in pickles may contain gluten
TEDDY'S - Fish Sandwich	720	310	35	6	0	65	1500	75	4	13	24	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Fried Egg Burger Topping	90	70	8	2	0	125	170	1	0	0	5	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Grilled Chicken Breast Sandwich - Cajun	590	220	24	5	0	100	1070	51	4	12	38	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Grilled Chicken Breast Sandwich - Garlic	590	220	24	5	0	100	990	52	4	11	38	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Grilled Chicken Breast Sandwich - Plain	590	220	24	5	0	100	1040	52	4	12	38	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Hashbrown "Spud" Burger Topping	210	90	10	3.5	0	0	320	28	2	0	2	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Hawaii Kai Style Burger Topping	240	110	12	5	0	35	1820	23	0	18	10	Allergen Statement: Contains Milk, Soy, Wheat, Gluten	
TEDDY'S - Hawaiian Style Burger Topping	110	0	0	0	0	0	1380	27	0	23	0	Allergen Statement: Contains Soy, Wheat, Gluten	
TEDDY'S - Hot Pocket Style Burger Topping	70	40	4.5	2.5	0	15	1180	3	1	1	3	Allergen Statement: Contains Milk, Soy	
TEDDY'S - Jalapeno Burger Topping	10	0	0	0	0	0	960	2	1	0	0	Allergen Statement: Does not contain any of the 8 major allergens or gluten	

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TEDDY'S - Kailua Style Burger Topping	240	90	10	4.5	0	25	1450	31	3	24	9	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kanak Attack Style Burger Topping	650	380	42	13	0	40	1050	52	8	3	16	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kids Burger Combo (No Drink)	820	370	42	9	0.5	60	1200	82	6	11	25	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kids Nuggets Meal (No Drink)	800	500	56	10	0	55	1200	57	5	6	17	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kids Tater Tots	360	210	23	4	0	0	490	35	4	0	3	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kids Tater Tots Cajun	360	210	23	4	0	0	580	35	4	0	3	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kids Tater Tots Cheese	390	230	25	4.5	0	0	680	38	4	0	4	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kids Tater Tots Garlic	360	210	23	4	0	0	540	36	4	0	3	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Kilauea Fire Style Burger Topping	350	200	22	8	0	40	1160	25	1	6	13	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - King of the Dojo Style Burger Topping	440	200	22	9	0	35	2140	51	2	18	11	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Lahaina Style Burger Topping	200	110	12	6	0	40	1320	9	2	6	11	Allergen Statement: Contains Milk	
TEDDY'S - Large French Fries	690	290	32	6	0	0	770	91	8	0	10	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Large French Fries Cajun Seasoning	700	290	32	6	0	0	1050	92	9	0	10	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Large French Fries Cheese	760	330	36	7	0	5	1160	96	8	0	11	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	

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TEDDY'S - Large French Fries Garlic Seasoning	700	290	32	6	0	0	940	92	9	0	10	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Large Tater Tots	1320	770	85	14	1	0	1820	130	14	0	12	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Large Tater Tots Cajun	1330	770	85	14	1	0	2100	131	15	0	12	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Large Tater Tots Cheese	1400	810	90	16	1	5	2200	135	14	0	13	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Large Tater Tots Garlic	1330	770	85	14	1	0	1980	132	14	0	12	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Monster Double 10oz Burger	960	500	55	17	2.5	190	1270	53	4	12	57	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Monster Double 14oz Burger	1170	620	69	22	3.5	260	1490	54	4	12	77	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Monster Double 18oz Burger	1390	750	83	27	4.5	330	1710	55	4	12	97	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Mushroom Burger Topping	15	0	0	0	0	0	40	3	1	1	1	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - Onion Rings	710	350	39	6	0	0	1200	83	4	10	8	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Onion Rings Burger Topping	150	70	8	1.5	0	0	260	18	1	2	2	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Original Big Burger	690	340	38	10	1	100	1040	52	4	12	32	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Original Bigger Burger	800	400	45	13	1.5	135	1150	52	4	12	42	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Original Biggest Burger	900	470	52	16	2	170	1260	53	4	12	52	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Panioko Style Burger Topping	440	200	22	8	0	40	2100	46	1	25	13	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	

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TEDDY'S - Pastrami Burger Topping	270	220	24	11	0	55	260	2	0	0	12	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - Pastrami Sandwich	970	620	69	25	0	120	1410	54	3	12	31	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Peanut Butter Burger Topping	340	270	30	6	0	0	270	12	4	5	12	Allergen Statement: Contains Peanut, Soy	Shared Equipment: Peanut butter may contain Treenuts, Milk, Egg, Wheat and Gluten
TEDDY'S - Peanut Butter Malt	1900	870	97	43	0	150	720	242	5	128	31	Allergen Statement: Contains Milk, Peanut, Soy, Wheat, Gluten	Shared Equipment: Peanut butter may contain Treenuts and Egg. Malted milk may contain soy.
TEDDY'S - Peanut Butter Milkshake	1780	850	94	42	0	145	590	222	5	115	29	Allergen Statement: Contains Milk, Peanut, Soy	Shared Equipment: Peanut butter may contain Treenuts, Egg, Wheat and Gluten
TEDDY'S - Pepper Jack Cheese Burger Topping	80	60	7	3.5	0	20	120	1	0	0	5	Allergen Statement: Contains Milk	
TEDDY'S - Pineapple Burger Topping	25	0	0	0	0	0	0	6	0	5	0	Allergen Statement: Does not contain any of the 8 major allergens or gluten	
TEDDY'S - Pineapple Malt	1460	470	52	34	0	150	330	238	0	132	13	Allergen Statement: Contains Milk, Wheat, Gluten	Shared Equipment: Malted milk may contain soy
TEDDY'S - Pineapple Milkshake	1340	440	49	33	0	145	200	218	0	119	10	Allergen Statement: Contains Milk	
TEDDY'S - Root Beer Malt	1730	470	52	34	0	150	380	311	0	205	13	Allergen Statement: Contains Milk, Wheat, Gluten	Shared Equipment: Malted milk may contain soy
TEDDY'S - Root Beer Milkshake	1610	440	49	33	0	145	250	291	0	191	10	Allergen Statement: Contains Milk	
TEDDY'S - Small French Fries	410	170	19	3.5	0	0	460	54	5	0	6	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Small French Fries Cajun Seasoning	420	170	19	3.5	0	0	650	55	5	0	6	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Small French Fries Cheese	450	190	21	4	0	0	660	57	5	0	6	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	

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TEDDY'S - Small French Fries Garlic Seasoning	420	170	19	3.5	0	0	570	56	5	0	6	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Small Tater Tots	660	380	43	7	0.5	0	910	65	7	0	6	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Small Tater Tots Cajun	670	380	43	7	0.5	0	1090	66	8	0	6	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Small Tater Tots Cheese	730	420	47	8	0.5	5	1290	70	7	0	7	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Small Tater Tots Garlic	670	380	43	7	0.5	0	1020	66	7	0	6	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Strawberry Malt	1630	770	85	54	0	235	240	201	0	164	8	Allergen Statement: Contains Milk, Wheat, Gluten	Shared Equipment: Malted milk may contain soy
TEDDY'S - Strawberry Milkshake	1510	740	83	53	0	225	105	181	0	151	6	Allergen Statement: Contains Milk	
TEDDY'S - Swiss Cheese Burger Topping	90	60	6	4	0	25	50	1	0	1	6	Allergen Statement: Contains Milk	
TEDDY'S - Teriyaki Grilled Chicken Breast Sandwich	560	140	16	3.5	0	90	1680	63	3	21	38	Allergen Statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - Thai Style Burger Topping	340	270	30	6	0	0	290	13	4	5	12	Allergen Statement: Contains Peanut, Soy	Shared Equipment: Peanut butter may contain Treenuts, Milk, Egg, Wheat and Gluten
TEDDY'S - The Hangover Style Burger Topping	660	430	48	20	0	95	1050	30	2	0	25	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	

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TEDDY'S - The Jawaaiian Style Burger Topping	190	60	7	3.5	0	20	2480	30	2	23	5	Allergen Statement: Contains Milk, Soy, Wheat, Gluten	
TEDDY'S - Turkey Burger	660	280	31	7	0	115	1470	53	3	12	37	Allergen statement: Contains Egg, Soy, Wheat, Gluten	
TEDDY'S - University Style Burger Topping	420	160	18	8	0	30	2290	57	2	22	8	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Vanilla Malt	1390	470	52	34	0	150	330	223	0	120	13	Allergen Statement: Contains Milk, Wheat, Gluten	Shared Equipment: Malted milk may contain soy
TEDDY'S - Vanilla Milkshake	1270	440	49	33	0	145	190	203	0	107	10	Allergen Statement: Contains Milk	
TEDDY'S - Veggie Burger	570	230	26	5	0	15	1460	61	7	13	25	Allergen Statement: Contains Egg, Milk, Soy, Wheat, Gluten	
TEDDY'S - Volcano Express Style Burger Topping	110	60	7	3.5	0	20	1520	9	1	4	5	Allergen Statement: Contains Milk, Soy, Wheat, Gluten	
TEDDY'S - Waikiki Style Burger Topping	470	210	24	10	0	40	2160	50	2	18	13	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Western Style Burger Topping	360	200	23	8	0	40	890	25	1	7	13	Allergen Statement: Contains Egg, Fish (Pollock), Milk, Soy, Wheat, Gluten	
TEDDY'S - Woodinville Style Burger Topping	180	110	12	5	0	35	450	7	0	5	9	Allergen Statement: Contains Milk	