



Chicken Salad Tostadas



Ingredients:

- 3 Chicken Breasts, with bone in
- 1 Carrot, cut up in 1 inch pieces
- 1 Celery stalk, cut up in 1 inch pieces
- 1/2 Onion, cut in half
- 1/2 teaspoon salt
- 3 Tablespoons Sour cream
- 2 teaspoons yellow mustard
- 1/2 onion, finely chopped
- 1-15 oz. can of mixed vegetables
- Salt
- Tapatio Hot Sauce

Directions:

Place first five ingredients in a pot of boiling water and reduce heat. Cook over medium heat, covered, about 45 minutes or until the chicken is very tender. When the chicken is tender, remove from bone and shred. Add remaining ingredients and incorporate well. Place chicken salad on store-bought tostadas or fry your own tortillas in some vegetable oil. Top with Tapatio Hot Sauce to taste. Delicious!

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